

# \$6.99

+ TAX

# Breakfast *Special*

\*DINE-IN ONLY



# Stacked

PANCAKE & BREAKFAST HOUSE

MON-FRI 7AM-9AM



## Daily Lunch Specials\*

Express | 710 - 950 Cals



**Monday**  
Bacon Cheddar  
Jalapeno Ranch  
Burger | 1160 Cals  
Cheddar, Bacon,  
Jalapeño, Ranch



**Tuesday**  
California Burger  
1370 Cals  
Cheddar, Bacon, Guac,  
Chipotle Mayo



**Wednesday**  
Melt Burger  
1390 Cals  
Cheddar, Mozza, Bacon,  
Chipotle Mayo



**Thursday**  
Loaded Mushroom  
Burger | 900 Cals  
Mozza, Mushrooms,  
Bacon, BBQ, Mayo



**Friday**  
BBQ Philly Burger  
1200 Cals  
Mozza, Mushrooms,  
Green Peppers, Crispy  
Onions, BBQ

**\$13.99**  
+Tax  
Each

Served with Chicken  
Tomato Vegetable Soup or  
Cheddar Broccoli Soup

Substitute Soup for Fries  
or HomeFries for \$1.00  
170 - 380 Cals

Get your favourite burger any day of the week for \$17.99

\*Not valid on Statutory holidays.

## Great Pancakes, Greater Cause

Join Our Charity Effort with Toonies for Tummies



\$2 from every order of pancakes will help provide healthy  
breakfasts to local students in need.

September 1st - 30th



Scan the code to learn about the charity



Fruity Pebbles Pancakes

\$14.99\*



Triple Berry Explosion Pancakes

\$14.99\*



Peach Berry  
Lemonade

\$4.79\*



Peach Berry  
Smoothie

\$5.99\*

\* - Taxes Extra

### Express | 710 - 950 Cals

2 eggs, choice of bacon, ham, or sausage, homefries & toast. Substitute peameal or turkey bacon, add \$1.00.

\$10.99

### Junior Stack | 1040 Cals

2 eggs served with 1 bacon, 1 sausage, 1 pancake, homefries & toast. Substitute peameal or turkey bacon, add \$1.00.

\$12.99

### Jumbo Express 840 - 1220 Cals

3 eggs, choice of bacon, ham, or sausage, homefries & toast. Substitute peameal or turkey bacon, add \$1.00.

\$12.99

### Pancake Stack 1160 Cals

2 eggs served with 2 bacon, 2 sausage, 2 pancakes & homefries.

\$15.99

### Express No-Meat 620 Cals

2 eggs, homefries, tomatoes & toast.

\$9.49

### French Toast Stack 1190 Cals

2 eggs served with 2 bacon, 2 sausage, 2 pieces of french toast & homefries.

\$16.99

### Farmers Sausage & Eggs 1330 Cals

2 eggs with butterflied farmers sausage, caramelized onions, homefries & toast.

\$13.99

### Waffle Stack | 1460 Cals

2 eggs served with 2 bacon, 2 sausage, 2 maple infused waffles & homefries.

\$16.99

### The Meatlovers 1230 Cals

3 eggs with bacon, ham, sausage, homefries & toast.

\$15.99

### Stack n' Eggs | 1080 Cals

2 eggs, 2 pancakes, homefries & toast.

\$13.99

### Steak n' Eggs | 1110 Cals

6 oz. New York Striploin with 3 eggs, homefries & toast.

\$19.99

### Breakfast Wrap 770 - 910 Cals

3 eggs with your choice of 4 toppings: onions, peppers, tomatoes, mushrooms, jalapeños, spinach, guacamole, pico salsa, bacon, ham, sausage, cheddar, mozza, feta or BBQ sauce. Served with homefries.

\$14.99



\*Chocolate Caramel Brownie | 1340 Cals

\*Pancake Stack | 1160 Cals

### Healthy Start | 490 Cals

2 poached eggs, fresh fruit & rye toast.

\$9.99

### Healthy Choice | 400 Cals

4 egg white omelette with chicken, guacamole & pico salsa served with turkey bacon & fresh fruit.

\$14.99

### Veggie Scrambler 570 - 680 Cals

2 eggs scrambled with onions & peppers topped with pico salsa & guacamole. Served with homefries or fresh fruit & toast.

\$11.99

### Avocado Toast 470 - 580 Cals

2 pieces of rye toast topped with guacamole, pico salsa & 2 poached medium eggs. Served with homefries or fresh fruit.

\$11.99

### G.B.C. Avocado Toast 750 - 860 Cals

2 pieces of rye toast topped with guacamole, pico salsa, cheddar, bacon & 2 poached medium eggs. Served with homefries or fresh fruit.



\*G.B.C. Avocado Toast | 750 - 860 Cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



\*Pulled Pork Hash | 1390 Cals

## STACKED HASH'S

Topped with 2 eggs, tossed with homefries & served with toast.

- Bacon Cheeseburger Hash | 1630 Cals** **\$17.99**  
Ground beef, bacon, cheddar, caramelized onions & chipotle mayo.
- Mexican Hash | 1060 Cals** **\$16.99**  
Sausage, peppers, onions, mozza, buffalo sauce, guacamole & pico salsa.
- Cowboy Hash | 1080 Cals** **\$16.99**  
Bacon, ham, sausage, peppers, onions, cheddar & BBQ sauce.
- Canadian Hash | 1260 Cals** **\$16.99**  
Maple bacon, peameal, mushrooms & cheddar.
- Benedict Hash | 1250 Cals** **\$16.99**  
Peameal, cheddar, & hollandaise sauce.
- ✔ **Veggie Hash | 970 Cals** **\$16.99**  
Mushrooms, tomatoes, onions, peppers, spinach, guacamole & pico salsa.
- Stacked Hash | 1120 Cals** **\$17.99**  
Onions, peppers, shaved corned beef, hollandaise sauce & mozza.
- Pulled Pork Hash | 1390 Cals** **\$18.99**  
Marinated pulled pork, mozza, pico salsa & buffalo ranch topped with crispy onions.

## Eggs Benedict

Served with homefries, fresh fruit & topped with cheese garnish.

- Bacon Benedict | 840 Cals** **\$14.99**
- Ham Benedict | 700 Cals** **\$14.99**
- Peameal Benedict | 820 Cals** **\$14.99**
- Turkey Bacon Benedict | 750 Cals** **\$14.99**
- Peameal & Spinach Benedict | 820 Cals** **\$15.99**
- ✔ **Spinach & Mushroom Benedict | 650 Cals** **\$15.99**
- ✔ **Southwest Benedict | 720 Cals** **\$15.99**  
Guacamole, pico salsa & chipotle mayo.
- Pulled Pork & Mozza Benedict | 920 Cals** **\$17.99**  
Marinated pulled pork, buffalo ranch & mozza.

## STACKED OMELETTES

Served with homefries & toast.  
Substitute egg whites, add \$1.99 | 250 Cals.

- Western | 660 Cals** **\$12.99**  
Ham & onions.
- Deluxe Western | 850 Cals** **\$13.99**  
Ham, onions, peppers & cheddar.
- ✔ **Vegetarian | 690 Cals** **\$13.99**  
Mushrooms, peppers, onions & tomatoes.
- Mexican | 930 Cals** **\$14.99**  
Sausage, peppers, onions, mozza, buffalo sauce, guacamole & pico salsa.
- ✔ **Spinach Florentine | 920 Cals** **\$14.99**  
Spinach, mushrooms, onions & mozza, topped with hollandaise & tomatoes.
- Great Canadian | 880 Cals** **\$13.99**  
Bacon, mushrooms & cheddar.
- Homestyle | 780 Cals** **\$14.99**  
Bacon, ham, sausage, onions, peppers & cheddar.
- ✔ **Greek | 780 Cals** **\$13.99**  
Onions, tomatoes, peppers & feta.
- Meatlovers | 930 Cals** **\$13.99**  
Bacon, ham, sausage & cheddar.
- ✔ **Spinach | 790 Cals** **\$14.99**  
Spinach, tomatoes, mushrooms, peppers, onions & feta.
- ✔ **Build Your Own | 670-990 Cals** **\$14.99**  
3 eggs with your choice of 4 toppings: onions, peppers, tomatoes, mushrooms, jalapeños, spinach, guacamole, pico salsa, bacon, ham, sausage, cheddar, mozza, feta or BBQ sauce.



\*Mexican Omelette | 930 Cals



\*Peameal & Spinach Benedict | 820 Cals


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\*NY Strawberry Cheesecake | 1210 Cals



## BRUNCH SANDWICHES

Served with fries, homefries or soup.

- Shaved Ham & Egg Melt | 700 – 990 Cals** **\$13.99**  
Shaved ham smothered with mozza, cheddar & scrambled eggs grilled on rye.
-  **Avocado Brunch Sandwich** **\$13.99**  
**970 – 1260 Cals**  
Scrambled eggs, guacamole, mozza, lettuce, tomato & chipotle mayo on a bun.
- Toasted Denver | 830 – 1120 Cals** **\$13.99**  
Scrambled eggs mixed with ham, onions, tomatoes & peppers topped with cheddar & chipotle mayo.
- Monte Cristo | 680 – 980 Cals** **\$13.99**  
French toast stuffed with shaved ham & mozza.
- The C-Belt | 880 – 1180 Cals** **\$14.99**  
Triple decker with cheddar, bacon, egg, lettuce, tomato & mayo.
- Bacon & Egg Sandwich | 800 – 1090 Cals** **\$11.99**
- Toasted Western | 620 – 910 Cals** **\$11.99**
- Grilled Cheese & Bacon | 790 – 1090 Cals** **\$11.99**
- B.L.T Sandwich | 770 – 1060 Cals** **\$11.99**

## SIGNATURE STACKS

Topped with icing sugar & whipped cream.

- Pancakes | 750 Cals** **\$10.49**
- Gluten-Friendly Pancakes | 1170 Cals** **\$12.49**
- Chocolate Chip | 860 Cals** **\$11.99**
- Blueberry | 830 Cals** **\$12.49**
- Simply Strawberries | 780 Cals** **\$12.49**
- Strawberry Banana | 880 Cals** **\$13.49**
- Chocolate Banana | 1010 Cals** **\$12.99**
- Blueberry Banana | 940 Cals** **\$13.49**
- Nutella Strawberry | 1120 Cals** **\$13.99**
- NY Strawberry Cheesecake | 1210 Cals** **\$14.49**  
Topped with fresh strawberries, cream cheese icing, strawberry preserve & graham crumbs.
- NY Blueberry Cheesecake | 1100 Cals** **\$14.49**  
Topped with fresh blueberries, cream cheese icing, blueberry preserve & graham crumbs.
- Cookies & Cream | 1030 Cals** **\$13.99**  
Stuffed & topped with crushed oreos & vanilla icing.
- Cinnabun Cakes | 1480 Cals** **\$14.49**  
Our signature pancakes filled with cinnamon bun filling topped with a cream cheese icing.
- Birthday Cake | 1130 Cals** **\$13.99**
- Chocolate Chip Cookie Dough** **\$14.49**  
**1190 Cals**
- Chocolate Caramel Brownie** **\$14.49**  
**1340 Cals**

\*The C-Belt | 880 – 1180 Cals



## SIDES

- Bacon | 260 Cals** **\$3.99**
- Ham | 90 Cals** **\$3.99**
- Sausage | 440 Cals** **\$3.99**
- Peameal | 270 Cals** **\$4.99**
- Turkey Bacon | 140 Cals** **\$4.99**
- Extra Egg | 70 Cals** **\$1.99**
- Fresh Fruit | 60 Cals** **\$3.99**
- Homefries | 170 Cals** **\$4.99**
- French Fries | 380 Cals** **\$4.49**
- Gravy | 60 Cals** **\$1.79**
- Hollandaise | 160 Cals** **\$3.49**
- Pure Canadian Maple Syrup | 80 Cals** **\$1.49**
- Fresh Homemade Soup | 190-300 Cals** **\$4.99**
- Single French Toast | 250 Cals** **\$3.99**
- Single Pancake | 260 Cals** **\$3.99**
- Side Farmers Sausage | 780 Cals** **\$5.99**
- Toast n' Jam | 300 Cals** **\$2.99**



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\*Banana Bread | 1440 Cals

## FRENCH TOAST

Topped with icing sugar, whipped cream & cinnamon.

<b>French Toast   700 Cals</b>	<b>\$10.49</b>
<b>Gluten-Friendly French Toast   760 Cals</b>	<b>\$12.49</b>
<b>Simply Strawberries   730 Cals</b>	<b>\$12.99</b>
<b>Strawberry Banana   840 Cals</b>	<b>\$13.99</b>
<b>Nutella Banana   970 Cals</b>	<b>\$13.99</b>
<b>Strawberry Blueberry   740 Cals</b>	<b>\$14.49</b>
<b>Cookies &amp; Cream   980 Cals</b>	<b>\$14.49</b>
Topped with crushed oreos & vanilla icing.	
<b>NY Strawberry Cheesecake   1160 Cals</b>	<b>\$14.99</b>
Topped with fresh strawberries, cream cheese icing, strawberry preserve & graham crumbs.	
<b>Berries &amp; Cream   1140 Cals</b>	<b>\$14.99</b>
Topped with fresh strawberries, blueberries, cream cheese icing, strawberry & blueberry preserve.	
<b>Strawberry Banana Nutella Cream   1230 Cals</b>	<b>\$14.99</b>
Topped with fresh strawberries, bananas, nutella & cream cheese icing.	
<b>Banana Bread   1440 Cals</b>	<b>\$15.99</b>
Banana bread topped with bananas & cream cheese icing.	

## CREPES

Served with your choice of homefries or fresh fruit.

**Spinach Florentine Crepes | 760 - 870 Cals \$13.99**  
2 crepes stuffed with eggs, spinach, mushrooms, onions & mozza, topped with hollandaise sauce & pico salsa.

**Banana Berry Crepes | 810 - 910 Cals \$13.99**  
2 crepes stuffed with nutella & bananas, topped with fresh strawberries & a light chocolate drizzle.

**Strawberry Vanilla Crepes | 880 - 990 Cals \$13.99**  
2 crepes stuffed with strawberry preserve & bananas, topped with vanilla icing & fresh strawberries.



\*Strawberry Vanilla Crepes | 880 - 990 Cals



\*Cookies & Cream | 920 Cals

## Waffles

Topped with icing sugar & whipped cream.

<b>Waffle   640 Cals</b>	<b>\$10.49</b>
<b>Gluten-Friendly Waffle   870 Cals</b>	<b>\$12.49</b>
<b>Simply Strawberries   670 Cals</b>	<b>\$12.99</b>
<b>Blueberry Banana   830 Cals</b>	<b>\$13.99</b>
<b>Strawberry Banana   780 Cals</b>	<b>\$13.99</b>
<b>Strawberry Blueberry   720 Cals</b>	<b>\$14.49</b>
<b>Fresh Fruit   750 Cals</b>	<b>\$15.49</b>
<b>Nutella Strawberries &amp; Cream   1020 Cals</b>	<b>\$14.99</b>
Topped with fresh strawberries, nutella & cream cheese icing.	
<b>Cookies &amp; Cream   920 Cals</b>	<b>\$14.49</b>
Stuffed and topped with crushed oreos & vanilla icing.	

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# Lunches

Served with fries, homefries or soup.

## Stacked Club | 1060 - 1180 Cals \$17.99

Triple decker with chicken, shaved ham, bacon, lettuce, tomato, cheddar & mayo.

## Southwest Chicken Sandwich 900 - 1050 Cals \$15.99

Grilled chicken, cheddar, guacamole, crispy onions & chipotle mayo served on a bun.

## Peameal & Cheddar Melt on a Bun 750 - 950 Cals \$14.99

Peameal, cheddar, lettuce, tomato & mayo on a bun.

## Original Reuben | 560 - 750 Cals \$15.99

Smoked corned beef, mozza, sauerkraut & mustard grilled on rye.

## Chicken Club | 900 - 1050 Cals \$16.99

Grilled chicken, cheddar, peameal, lettuce, tomato & mayo on a bun.

## Chicken Fingers | 800 Cals \$15.99

Golden brown fillets of seasoned chicken breast served with fries. Get them sauced & tossed! Your choice of BBQ or buffalo served with ranch to dip, add \$1.00 | 100 - 140 Cals.

## Pulled Pork Grilled Cheese 1060 - 1180 Cals \$14.99

Marinated pulled pork, cheddar, mozza, caramelized onions & buffalo ranch.

## Veggie Grilled Cheese | 680 - 970 Cals \$12.99

Cheddar, mozza, onions, peppers, jalapeños, sliced tomatoes & chipotle mayo.

## SALADS

## Grilled Chicken Caesar Salad | 660 Cals \$15.99

Romaine, bacon, parmesan cheese tossed in a caesar dressing, topped with croutons & grilled chicken.

## Mexican Cobb Salad | 460 Cals \$16.99

Romaine, bacon, cheddar tossed in a buffalo ranch dressing, topped with pico salsa, guacamole, crispy onions & grilled chicken.

## POUTINES

## Buffalo Chicken Poutine | 990 Cals \$15.99

Crispy chicken, bacon, mozza & gravy topped with buffalo sauce.

## Chicken & Bacon Poutine | 1150 Cals \$15.99

Crispy chicken, bacon, cheddar, tomato & gravy topped with caesar dressing.

## Classic Poutine | 740 Cals \$11.99

Mozza, cheddar & gravy.

## Pulled Pork Poutine | 1130 Cals \$15.99

Marinated pulled pork, bacon, mozza & gravy topped with buffalo ranch.

\*Chipotle Chicken & Guac Wrap | 850 - 1000 Cals



## BURGERS & WRAPS

Fresh burgers made in-house garnished with lettuce, tomatoes & red onions. Served with fries, homefries or soup.

## Country Burger | 900 - 1030 Cals \$13.99

Comes plain, feel free to top it any way you would like.

## Banquet Burger | 1050 - 1230 Cals \$15.99

Topped with bacon & cheddar.

## Chipotle Breakfast Burger 1250 - 1400 Cals \$16.99

Over medium egg, peameal & cheddar topped with chipotle mayo.

## BBQ Cowboy Burger | 1080 - 1250 Cals \$16.99

Bacon, cheddar & crispy onions topped with BBQ sauce.

## Stacked Burger | 1300 - 1480 Cals \$18.99

2 buffalo chicken fingers on a beef patty topped with cheddar & bacon.

## Crispy Chicken Caesar Wrap 890 - 1050 Cals \$16.99

Crispy chicken, romaine, bacon & parmesan cheese tossed in caesar dressing.

## Buffalo Chicken & Bacon Ranch Wrap 950 - 1110 Cals \$16.99

Crispy chicken, bacon, cheddar, romaine & tomatoes tossed in buffalo ranch.

## Chipotle Chicken & Guac Wrap 850 - 1000 Cals \$16.99

Grilled chicken, bacon, cheddar, guacamole, romaine & pico salsa tossed in chipotle mayo.



\*Pulled Pork Poutine | 1130 Cals

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