

\$6.99

+ TAX

Breakfast *Special*

*DINE-IN ONLY



Stacked

PANCAKE & BREAKFAST HOUSE

MON-FRI 7AM-9AM



Daily Lunch Specials*

Express | 710 - 950 Cals



Monday
Bacon Cheddar
Jalapeno Ranch
Burger | 1160 Cals
Cheddar, Bacon,
Jalapeño, Ranch



Tuesday
California Burger
1370 Cals
Cheddar, Bacon, Guac,
Chipotle Mayo



Wednesday
Melt Burger
1390 Cals
Cheddar, Mozza, Bacon,
Chipotle Mayo



Thursday
Loaded Mushroom
Burger | 900 Cals
Mozza, Mushrooms,
Bacon, BBQ, Mayo



Friday
BBQ Philly Burger
1200 Cals
Mozza, Mushrooms,
Green Peppers, Crispy
Onions, BBQ

\$13.99
+Tax
Each

Served with Chicken
Tomato Vegetable Soup or
Cheddar Broccoli Soup

Substitute Soup for Fries
or HomeFries for \$1.00
170 - 380 Cals

Get your favourite burger any day of the week for \$17.99

*Not valid on Statutory holidays.

Great Pancakes, Greater Cause

Join Our Charity Effort with Toonies for Tummies



\$2 from every order of pancakes will help provide healthy
breakfasts to local students in need.

September 1st - 30th



Scan the code to learn about the charity



Fruity Pebbles Pancakes

\$14.99*



Triple Berry Explosion Pancakes

\$14.99*



Peach Berry
Lemonade

\$4.79*




Peach Berry
Smoothie

\$5.99*

* - Taxes Extra

Express | 710 - 950 Cals **\$11.99**
2 eggs, choice of bacon, ham, or sausage, homefries & toast. Substitute peameal or turkey bacon, add \$1.00.

Jumbo Express **\$13.99**
840 - 1220 Cals
3 eggs, choice of bacon, ham, or sausage, homefries & toast. Substitute peameal or turkey bacon, add \$1.00.


 **Express No-Meat** **\$10.49**
620 Cals
2 eggs, homefries, tomatoes & toast.


Farmers Sausage & Eggs **\$14.99**
1330 Cals
2 eggs with butterflied farmers sausage, caramelized onions, homefries & toast.

The Meatlovers **\$16.99**
1230 Cals
3 eggs with bacon, ham, sausage, homefries & toast.


Steak n' Eggs | 1110 Cals **\$20.99**
6 oz. New York Striploin with 3 eggs, homefries & toast.

 **Breakfast Wrap** **\$15.99**
770 - 910 Cals
3 eggs with your choice of 4 toppings: onions, peppers, tomatoes, mushrooms, jalapeños, spinach, guacamole, pico salsa, bacon, ham, sausage, cheddar, mozza, feta or BBQ sauce. Served with homefries.

 **Junior Stack | 1040 Cals** **\$13.99**
2 eggs served with 1 bacon, 1 sausage, 1 pancake, homefries & toast. Substitute peameal or turkey bacon, add \$1.00.

 **Pancake Stack** **\$16.99**
1160 Cals
2 eggs served with 2 bacon, 2 sausage, 2 pancakes & homefries.

 **French Toast Stack** **\$17.99**
1190 Cals
2 eggs served with 2 bacon, 2 sausage, 2 pieces of french toast & homefries.

 **Waffle Stack | 1460 Cals** **\$17.99**
2 eggs served with 2 bacon, 2 sausage, 2 maple infused waffles & homefries.

  **Stack n' Eggs | 1080 Cals** **\$14.99**
2 eggs, 2 pancakes, homefries & toast.

UPGRADES

Onions in Homefries **\$1.29**
20 Cals

Spice Up Your Homefries **\$1.99**
40 Cals

Spice up your homefries with onions, peppers & jalapeños.

Holly Up Your Homefries **\$2.99**
160 Cals

Holly up your homefries with hollandaise & cheddar cheese.

Stack Up Your Homefries **\$4.49**
180 Cals

Stack up your homefries with onions, peppers, bacon & cheddar cheese.

 **Flavour Up Your Stack** **\$1.99**
230-1000 Cals


Flavour your stack to any of the options under "Signature Stacks".

 **Vegetarian**



 **Healthy Start | 490 Cals** **\$10.99**
2 poached eggs, fresh fruit & rye toast.

Healthy Choice | 400 Cals **\$15.99**
4 egg white omelette with chicken, guacamole & pico salsa served with turkey bacon & fresh fruit.

 **Veggie Scrambler** **\$12.99**
570 - 680 Cals
2 eggs scrambled with onions & peppers topped with pico salsa & guacamole. Served with homefries or fresh fruit & toast.

 **Avocado Toast** **\$12.99**
470 - 580 Cals
2 pieces of rye toast topped with guacamole, pico salsa & 2 poached medium eggs. Served with homefries or fresh fruit.

G.B.C. Avocado Toast **\$15.99**
750 - 860 Cals

2 pieces of rye toast topped with guacamole, pico salsa, cheddar, bacon & 2 poached medium eggs. Served with homefries or fresh fruit.



*G.B.C. Avocado Toast | 750 - 860 Cals



*Pulled Pork Hash | 1390 Cals

STACKED HASH'S

Topped with 2 eggs, tossed with homefries & served with toast.

- Bacon Cheeseburger Hash | 1630 Cals** **\$18.99**
Ground beef, bacon, cheddar, caramelized onions & chipotle mayo.
- Mexican Hash | 1060 Cals** **\$17.99**
Sausage, peppers, onions, mozza, buffalo sauce, guacamole & pico salsa.
- Cowboy Hash | 1080 Cals** **\$17.99**
Bacon, ham, sausage, peppers, onions, cheddar & BBQ sauce.
- Canadian Hash | 1260 Cals** **\$17.99**
Maple bacon, peameal, mushrooms & cheddar.
- Benedict Hash | 1250 Cals** **\$17.99**
Peameal, cheddar, & hollandaise sauce.
- ✔ **Veggie Hash | 970 Cals** **\$17.99**
Mushrooms, tomatoes, onions, peppers, spinach, guacamole & pico salsa.
- Stacked Hash | 1120 Cals** **\$17.99**
Onions, peppers, shaved corned beef, hollandaise sauce & mozza.
- Pulled Pork Hash | 1390 Cals** **\$19.99**
Marinated pulled pork, mozza, pico salsa & buffalo ranch topped with crispy onions.

Eggs Benedict

Served with homefries, fresh fruit & topped with cheese garnish.

- Bacon Benedict | 840 Cals** **\$15.99**
- Ham Benedict | 700 Cals** **\$15.99**
- Peameal Benedict | 820 Cals** **\$15.99**
- Turkey Bacon Benedict | 750 Cals** **\$15.99**
- Peameal & Spinach Benedict | 820 Cals** **\$16.99**
- ✔ **Spinach & Mushroom Benedict | 650 Cals** **\$16.99**
- ✔ **Southwest Benedict | 720 Cals** **\$16.99**
Guacamole, pico salsa & chipotle mayo.
- Pulled Pork & Mozza Benedict | 920 Cals** **\$18.99**
Marinated pulled pork, buffalo ranch & mozza.

STACKED OMELETTES

Served with homefries & toast.
Substitute egg whites, add \$1.99 | 250 Cals.

- Western | 660 Cals** **\$13.99**
Ham & onions.
- Deluxe Western | 850 Cals** **\$14.99**
Ham, onions, peppers & cheddar.
- ✔ **Vegetarian | 690 Cals** **\$14.99**
Mushrooms, peppers, onions & tomatoes.
- Mexican | 930 Cals** **\$15.99**
Sausage, peppers, onions, mozza, buffalo sauce, guacamole & pico salsa.
- ✔ **Spinach Florentine | 920 Cals** **\$15.99**
Spinach, mushrooms, onions & mozza, topped with hollandaise & tomatoes.
- Great Canadian | 880 Cals** **\$14.99**
Bacon, mushrooms & cheddar.
- Homestyle | 780 Cals** **\$15.99**
Bacon, ham, sausage, onions, peppers & cheddar.
- ✔ **Greek | 780 Cals** **\$14.99**
Onions, tomatoes, peppers & feta.
- Meatlovers | 930 Cals** **\$14.99**
Bacon, ham, sausage & cheddar.
- ✔ **Spinach | 790 Cals** **\$15.99**
Spinach, tomatoes, mushrooms, peppers, onions & feta.
- ✔ **Build Your Own | 670-990 Cals** **\$15.99**
3 eggs with your choice of 4 toppings: onions, peppers, tomatoes, mushrooms, jalapeños, spinach, guacamole, pico salsa, bacon, ham, sausage, cheddar, mozza, feta or BBQ sauce.



*Mexican Omelette | 930 Cals



*Peameal & Spinach Benedict | 820 Cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

*NY Strawberry Cheesecake | 1210 Cals



BRUNCH SANDWICHES

Served with fries, homefries or soup.

- Shaved Ham & Egg Melt | 700 – 990 Cals** **\$14.99**
Shaved ham smothered with mozza, cheddar & scrambled eggs grilled on rye.
-  **Avocado Brunch Sandwich** **\$14.99**
970 – 1260 Cals
Scrambled eggs, guacamole, mozza, lettuce, tomato & chipotle mayo on a bun.
- Toasted Denver | 830 – 1120 Cals** **\$14.99**
Scrambled eggs mixed with ham, onions, tomatoes & peppers topped with cheddar & chipotle mayo.
- Monte Cristo | 680 – 980 Cals** **\$14.99**
French toast stuffed with shaved ham & mozza.
- The C-Belt | 880 – 1180 Cals** **\$15.99**
Triple decker with cheddar, bacon, egg, lettuce, tomato & mayo.
- Bacon & Egg Sandwich | 800 – 1090 Cals** **\$12.99**
- Toasted Western | 620 – 910 Cals** **\$12.99**
- Grilled Cheese & Bacon | 790 – 1090 Cals** **\$12.99**
- B.L.T Sandwich | 770 – 1060 Cals** **\$12.99**

SIGNATURE STACKS

Topped with icing sugar & whipped cream.

- Pancakes | 750 Cals** **\$11.49**
- Gluten-Friendly Pancakes | 1170 Cals** **\$13.49**
- Chocolate Chip | 860 Cals** **\$12.99**
- Blueberry | 830 Cals** **\$13.49**
- Simply Strawberries | 780 Cals** **\$13.49**
- Strawberry Banana | 880 Cals** **\$14.49**
- Chocolate Banana | 1010 Cals** **\$13.99**
- Blueberry Banana | 940 Cals** **\$14.49**
- Nutella Strawberry | 1120 Cals** **\$14.99**
- NY Strawberry Cheesecake | 1210 Cals** **\$15.49**
Topped with fresh strawberries, cream cheese icing, strawberry preserve & graham crumbs.
- NY Blueberry Cheesecake | 1100 Cals** **\$15.49**
Topped with fresh blueberries, cream cheese icing, blueberry preserve & graham crumbs.
- Cookies & Cream | 1030 Cals** **\$14.99**
Stuffed & topped with crushed oreos & vanilla icing.
- Cinnabun Cakes | 1480 Cals** **\$15.49**
Our signature pancakes filled with cinnamon bun filling topped with a cream cheese icing.
- Birthday Cake | 1130 Cals** **\$14.99**
- Chocolate Chip Cookie Dough** **\$15.49**
1190 Cals
- Chocolate Caramel Brownie** **\$15.49**
1340 Cals

*The C-Belt | 880 – 1180 Cals



SIDES

- Bacon | 260 Cals** **\$3.99**
- Ham | 90 Cals** **\$3.99**
- Sausage | 440 Cals** **\$3.99**
- Peameal | 270 Cals** **\$4.99**
- Turkey Bacon | 140 Cals** **\$4.99**
- Extra Egg | 70 Cals** **\$1.99**
- Fresh Fruit | 60 Cals** **\$4.49**
- Homefries | 170 Cals** **\$4.99**
- French Fries | 380 Cals** **\$4.99**
- Gravy | 60 Cals** **\$1.99**
- Hollandaise | 160 Cals** **\$3.99**
- Pure Canadian Maple Syrup | 80 Cals** **\$1.49**
- Fresh Homemade Soup | 190–300 Cals** **\$4.99**
- Single French Toast | 250 Cals** **\$3.99**
- Single Pancake | 260 Cals** **\$3.99**
- Side Farmers Sausage | 780 Cals** **\$5.99**
- Toast n' Jam | 300 Cals** **\$2.99**



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*Banana Bread | 1440 Cals

FRENCH TOAST

Topped with icing sugar, whipped cream & cinnamon.

French Toast 700 Cals	\$11.49
Gluten-Friendly French Toast 760 Cals	\$13.49
Simply Strawberries 730 Cals	\$13.99
Strawberry Banana 840 Cals	\$14.99
Nutella Banana 970 Cals	\$14.99
Strawberry Blueberry 740 Cals	\$15.49
Cookies & Cream 980 Cals Topped with crushed oreos & vanilla icing.	\$15.49
NY Strawberry Cheesecake 1160 Cals Topped with fresh strawberries, cream cheese icing, strawberry preserve & graham crumbs.	\$15.99
Berries & Cream 1140 Cals Topped with fresh strawberries, blueberries, cream cheese icing, strawberry & blueberry preserve.	\$15.99
Strawberry Banana Nutella Cream 1230 Cals Topped with fresh strawberries, bananas, nutella & cream cheese icing.	\$15.99
Banana Bread 1440 Cals Banana bread topped with bananas & cream cheese icing.	\$16.99

CREPES

Served with your choice of homefries or fresh fruit.

Spinach Florentine Crepes | 760 - 870 Cals \$14.99
2 crepes stuffed with eggs, spinach, mushrooms, onions & mozza, topped with hollandaise sauce & pico salsa.

Banana Berry Crepes | 810 - 910 Cals \$14.99
2 crepes stuffed with nutella & bananas, topped with fresh strawberries & a light chocolate drizzle.

Strawberry Vanilla Crepes | 880 - 990 Cals \$14.99
2 crepes stuffed with strawberry preserve & bananas, topped with vanilla icing & fresh strawberries.



*Strawberry Vanilla Crepes | 880 - 990 Cals



*Cookies & Cream | 920 Cals

Waffles

Topped with icing sugar & whipped cream.

Waffle 640 Cals	\$11.49
Gluten-Friendly Waffle 870 Cals	\$13.49
Simply Strawberries 670 Cals	\$13.99
Blueberry Banana 830 Cals	\$14.99
Strawberry Banana 780 Cals	\$14.99
Strawberry Blueberry 720 Cals	\$15.49
Fresh Fruit 750 Cals	\$16.49
Nutella Strawberries & Cream 1020 Cals Topped with fresh strawberries, nutella & cream cheese icing.	\$15.99
Cookies & Cream 920 Cals Stuffed and topped with crushed oreos & vanilla icing.	\$15.49

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Lunches

Served with fries, homefries or soup.

Stacked Club | 1060 - 1180 Cals **\$18.99**

Triple decker with chicken, shaved ham, bacon, lettuce, tomato, cheddar & mayo.

Southwest Chicken Sandwich **\$16.99**
900 - 1050 Cals

Grilled chicken, cheddar, guacamole, crispy onions & chipotle mayo served on a bun.

Peameal & Cheddar Melt on a Bun **\$15.99**
750 - 950 Cals

Peameal, cheddar, lettuce, tomato & mayo on a bun.

Original Reuben | 560 - 750 Cals **\$16.99**

Smoked corned beef, mozza, sauerkraut & mustard grilled on rye.

Chicken Club | 900 - 1050 Cals **\$17.99**

Grilled chicken, cheddar, peameal, lettuce, tomato & mayo on a bun.

Chicken Fingers | 800 Cals **\$16.99**

Golden brown fillets of seasoned chicken breast served with fries. Get them sauced & tossed! Your choice of BBQ or buffalo served with ranch to dip, add \$1.00 | 100 - 140 Cals.

Pulled Pork Grilled Cheese **\$15.99**
1060 - 1180 Cals

Marinated pulled pork, cheddar, mozza, caramelized onions & buffalo ranch.

 **Veggie Grilled Cheese | 680-970 Cals** **\$13.99**

Cheddar, mozza, onions, peppers, jalapeños, sliced tomatoes & chipotle mayo.

SALADS

Grilled Chicken Caesar Salad | 660 Cals **\$16.99**

Romaine, bacon, parmesan cheese tossed in a caesar dressing, topped with croutons & grilled chicken.

Mexican Cobb Salad | 460 Cals **\$17.99**

Romaine, bacon, cheddar tossed in a buffalo ranch dressing, topped with pico salsa, guacamole, crispy onions & grilled chicken.

*Chipotle Chicken & Guac Wrap | 850 - 1000 Cals



BURGERS & WRAPS

Fresh burgers made in-house garnished with lettuce, tomatoes & red onions. Served with fries, homefries or soup.

Country Burger | 900 - 1030 Cals **\$14.99**

Comes plain, feel free to top it any way you would like.

Banquet Burger | 1050 - 1230 Cals **\$16.99**

Topped with bacon & cheddar.

Chipotle Breakfast Burger **\$17.99**
1250 - 1400 Cals

Over medium egg, peameal & cheddar topped with chipotle mayo.

BBQ Cowboy Burger | 1080 - 1250 Cals **\$17.99**

Bacon, cheddar & crispy onions topped with BBQ sauce.

Stacked Burger | 1300 - 1480 Cals **\$19.99**

2 buffalo chicken fingers on a beef patty topped with cheddar & bacon.

Crispy Chicken Caesar Wrap **\$17.99**
890 - 1050 Cals

Crispy chicken, romaine, bacon & parmesan cheese tossed in caesar dressing.

Buffalo Chicken & Bacon Ranch Wrap **\$17.99**
950 - 1110 Cals

Crispy chicken, bacon, cheddar, romaine & tomatoes tossed in buffalo ranch.

Chipotle Chicken & Guac Wrap **\$17.99**
850 - 1000 Cals

Grilled chicken, bacon, cheddar, guacamole, romaine & pico salsa tossed in chipotle mayo.

POUTINES

Buffalo Chicken Poutine | 990 Cals **\$16.99**

Crispy chicken, bacon, mozza & gravy topped with buffalo sauce.

Chicken & Bacon Poutine | 1150 Cals **\$16.99**

Crispy chicken, bacon, cheddar, tomato & gravy topped with caesar dressing.

Classic Poutine | 740 Cals **\$12.99**

Mozza, cheddar & gravy.

Pulled Pork Poutine | 1130 Cals **\$16.99**

Marinated pulled pork, bacon, mozza & gravy topped with buffalo ranch.



*Pulled Pork Poutine | 1130 Cals

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